

# First Day Hikes

The Department of Conservation and Recreation invites you to join all 50 states on January 1, 2016!



## Breakheart Reservation First Day Hike Friday, January 1, 12:00 p.m.

Join DCR State Park staff for a free-guided First Day Hike at Breakheart Reservation. A First Day Hike is a fun way to start off the new year with an invigorating hike in a beautiful state park, and also make a resolution to burn off those extra holiday calories!

Three simultaneous hikes will be offered:

- Family (easy, approx. 2 miles on paved roads)
- Intermediate (approx. 3 miles on paved roads)
- Advanced (approx. 3 miles, mixed terrain)

Be prepared for cold weather by dressing in layers and wearing winter boots. **All hikes will start from the Christopher P. Dunne Visitor Center promptly at noon. Breakheart is located at 177 Forest Street, Saugus.**

For more information call (781) 233-0834.

Share your adventures @MassDCR



Visit [www.mass.gov/dcr](http://www.mass.gov/dcr) or [www.naspd.org](http://www.naspd.org) for more information.  
In case of inclement weather, please call (617) 626-1450 for cancellation updates.